



Nastja Säde Rönkkö, salt in our blood, in our sweat, in our tears, video still, 2023.

## **Nastja Säde Rönkkö**

### **salt in our blood, in our sweat, in our tears**

16 March - 6 May 2023

Press View: Friday 17 March, 5-6pm

Preview: Friday 17 March, 6-8pm

*If I crashed, I would bleed.  
And if I bled,  
I would be close to you,  
if I bled enough, I would be with you*

Winner of the 2023 Below Zero Finnish Art Prize, **Nastja Säde Rönkkö** (b. Helsinki, 1985) investigates relationships between the digital era, power, humanity and the future of our planet. For this new commission, she presents an installation featuring a powerful, large-scale moving image work entitled **salt in our blood, in our sweat, in our tears**. It runs at Beaconsfield London from 16 March until 6 May and admission is free.

More: <https://beaconsfield.ltd.uk/projects/nastja-sade-ronkko-salt-in-our-blood-in-our-sweat-in-our-tears>

Rönkkö's poetic 15 minute three-channel work takes as its starting point the commonly held - yet incorrect - belief that blood contains the same amount of salt as sea water. Three 'narrators' - a teardrop, a drop of 'golden' blood and a sweat droplet tell their own stories of love and loss in this moving work shot in HD video over recent weeks in London.

### **Notes to editors:**

**Below Zero** is the UK-based contemporary art prize for Finnish artists emerging on the international scene. Hosted by Beaconsfield London in association with the Finnish Institute UK + Ireland and Serlachius Museums, the prize offers £15,000 and creative support, a residency and commission at Beaconsfield and subsequent exhibition at Serlachius Museums in Mänttä, Finland.

Further details: <https://beaconsfield.ltd.uk/projects/below-zero-finnish-art-prize-2023/>

### **About Nastja Säde Rönkkö**

Nastja Säde Rönkkö works internationally. She works with video, performance, installation and text. She is fascinated with how concepts such as love, slowness or affection can be silent yet radical ways to be and act in the world. Her practice dreams about the future and explores presence through the politics and poetics of emotion. [@nastja\\_ronkko](https://www.instagram.com/nastja_ronkko)

Further details: <https://www.nastjaronkko.com>

### **About the Finnish Institute UK + Ireland**

The Finnish Institute UK+ Ireland supports the internationalisation of Finnish contemporary art and helps artists, researchers and social and cultural actors to create international networks. Founded in 1991, it is a non-profit, private foundation funded by The Finnish Ministry of Education and Culture. [@fininst\\_uk\\_ireland](https://www.instagram.com/fininst_uk_ireland)

Further details: <https://www.fininst.uk>

### **About Beaconsfield**

Since 1994 Beaconsfield has been a laboratory dedicated to the exploration and evolution of experimental art. It is an uncompromising space where open-minded artists and audiences come to challenge themselves and their understanding of what art can be, and supportive space for taking risks and exploring new ideas. [@beaconsfield\\_gallery\\_vauxhall](https://www.instagram.com/beaconsfield_gallery_vauxhall)

Further details: <https://beaconsfield.ltd.uk>

### **About Serlachius Museums**

Serlachius Museums are one of Finland's most important cultural institutions. This new partner of Below Zero Art Prize will provide the winner with an exhibition and a residency. [@serlachiusmuseums](https://www.instagram.com/serlachiusmuseums)

Further details: <https://serlachius.fi/en>

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